

INTERNATIONAL FOOTBALL FOR FRIENDSHIP AWARD
FRIENDSHIP, EQUALITY & FAIRNESS



**THE COACHING ABILITY IN
FOOTBALL FROM
THE DISABLED COACH**

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THE FOOTBALL OPPORTUNITY



I believe that sport and play-based activities provide a fantastic environment to shatter misconceptions around disability and promote the active inclusion of persons with disabilities beyond the football field.

It is vital that society embraces diversity and acknowledges that some of the biggest challenges and barriers to inclusion of persons with disabilities is formed by misconceptions and a lack of opportunities. The STAMFORD INDONESIA FC/Academy strongly believe that sport and play-based activities provide a fantastic environment to shatter these misconceptions and promote the active inclusion of persons with disabilities beyond the football field.

Due to limited points of contact as well as a lack of awareness and education, society and STAMFORD INDONESIA FC/ACADEMY often still underestimates abilities of persons with disabilities, leaving them excluded from activities, including sports.

Creating opportunities

To address this challenge and promote the inclusion of persons with disabilities in sports and play-based activities, STAMFORD INDONESIA FC/ACADEMY has been delivering a disability football programme in INDONESIA since 2020. The programme is two-fold:



During the first part of the programme, the ADULT Coach Education, a person with a disability (called “ADULT Coach”) work myself to become disability football coaches. For one day, I work myself and learn from each other through various theoretical and practical workshops.



The Special Youth Camp – the second part of the programme – is a football and adventure camp for youth with physical from STAMFORD INDONESIA FC/ACADEMY. While the participants can enjoy a day full of new and challenging experiences, the previously trained I get the opportunity to put their acquired skills into practice: as coaches, they prepare and carry out the daily football trainings, including warm up, doing the main technic of football and take on additional responsibilities off the pitch.

MUTUAL LEARNING AND DEVELOPMENT



During the Adult Education, The Adult Coach are gradually given more responsibility as well as the opportunity to develop and trust themselves. This process helps to improve his self-esteem and empowers him to not only become coaches in youth football, but carry over these skills and experiences into his lives beyond the pitch:



Simultaneously, I are introduced to the youth football and receive insights into new training methods which allow them to adapt his existing coaching skills to the youth's needs and abilities. As a result of working alongside an adult Coach, I learn to recognise the potential of persons with disability.



Through the Special Youth Training and the Adult Coach training I have become a much more open-minded person and my self-confidence has grown. Therefore, I want to found my own team at my club and lead it alone, without any help.



Although I gives the impression of being withdrawn, I have a lot of ideas. I includes more and more in training. I have more capabilities than one thinks. Actually, this is true for all of the participants in there. I have many talents include to be referee.



The Adult Coach can develop his personality and appear with much more self-confidence in his life. This not only shown on the football field, but also at others environment.

CREATING ROLE MODELS

The opportunities provided at the Special Youth Camp and the adult coach Education encourage positive interactions which push the participants to challenge themselves and often exceed their own expectations. The coaches which emerge from the Adult Coach Education not only develop as individuals, but become role models for other children with disabilities who look up to them and wish to become coaches too.



People with hearing impairments may not necessarily have any other physical impairment. Those who are deaf or hard of hearing will have varying levels of hearing and may or may not choose to wear their hearing aid during your coaching session. Please remember that wearing a hearing aid neither corrects language nor restores perfect



Coaching people with a normal people is essentially down to your communication skills as a coach. As with all new participants, speak to them before the start of their first session to establish a mutually acceptable method of communication. There are a variety of ways to communicate, and the person will tell you what works best for them. To get things started, try communicating through basic gestures or use a pen and notepad or whiteboard and marker pen.



Responsibility for safeguarding We all have a moral and legal responsibility for the safety and protection of children, young people and people with a disability, within football. The Football Organization has an inclusive Child protection and best practice - Policy and procedures which sets out The Football Organization's position, role and responsibilities and clarifies what is expected of other organisations and individuals involved in football. It includes information on: a). Raising the awareness of child protection concerns b). Dealing with poor practice c). Signs and indicators of abuse d). Reporting concerns about the welfare of children and young people

WHAT MAKES A GREAT FOOTBALL COACH?



Knowing the type of coach you are. Good coaches recognise their strengths and weaknesses.



Patience. The best coaches understand that a team requires many different skills and qualities.



Leadership



Positivity



Passion



Perseverance



Good communication skills. (Tell-Show-Question-Listen) and building relationships. Positive communication between giving and receiving of informations (Verbal/Non Verbal).

HOW TO BECOME A SUCCESSFUL FOOTBALL COACH



Understand the rules and regulations



Read a book



Accept criticism from other coaches



Keep up with the trends



Allow yourself to be taught and mentored



Be a versatile, good and professional coach



Know all your players



Attend conferences, camps, and clinics



Get certified



Grow your players and importance of teamwork



Learn New Drills & Techniques



Find a Mentor



Watch Film and Expert Coaches



Communicating and give motivation with your players and parents



Learn how to plan properly



Network

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THANK YOU FOR ATTENTION!

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